

Review on ethnobotanical status and pharmacological activities of Artocarpus hirsutus Lam

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ABSTRACT:Artocarpus is a plant genus of the family Moraceae which comprises of about 1000 species. A wide range of Artocarpus species are used for food and traditional folk medicines. Artocarpus hirsutus Lam, commonly called wild jackfruit or jungle jackfruit is atree which belongs to the plant genus 'Artocarpus'. It is the endemic species of Western Ghats in India. It is Mainly found in Karnataka, Kerala Tamil Nadu and Maharashtra. Present review focuses on the reports available in various literatures. The ethnobotanical surveys reveal the various traditional uses of wild jack fruit such as joint pain and rigidity, swelling, haemorrhage, wound healing, fractures, snake bite, ulcer, pimples etc. Literature search shows the presence of alkaloids, flavonoids, tannins, carbohydrates and saponins in various parts of this tree. Pharmacological studies show significant antioxidant, hepato protective, anti-ulcer, antidiabetic, diuretic, anti-microbial, anti-acne, skin brightening, anti- inflammatory, anti-arthritic activity etc.

KEY WORDS: Artocarpushirsutus; Botanical description, Chemical constituents, Artocarpin, Ethnobotanical status, Pharmacological activity.

INTRODUCTION

Plant profile

Artocarpus hirsutus Lam, commonly called wild jackfruit or jungle jackfruit is aperennial tree which belonging to genus

Artocarpus of family, Moraceae. It is thekey stone species of Western Ghats in India. It is Mainly found in Karnataka, Kerala Tamil Nadu and Maharashtra. The word Artocarpus means evergreen tree which are grown in the tropical region and hirsutus means prickly and hairy which resembles the morphological feature of the fruit of the tree. The suffix Lam is given as aremembrance of a French naturalist Lamarck. This tree is reported in early scientificliterature on the natural plant wealth of Asia 'Hortus Indicus Malabaricus'. (2)

Synonyms of Artocarpus hirsutus Lam (3,4)

- Artocarpus pubescens Wild
- Saccus hirsutus (Lam) Kuntze

$\frac{Vernacular \quad Names \quad of \quad Artocarpushir sutus}{\underline{Lam}^{(1,2,3,4,5,6)}}$

- Tamil : Kattuppala,
 Akkini, Anjili, Aiyinipila, Kandambala,
 Pevupala
- Kannada : Hebbalasu, Hebbalasu, Kaduhalasu, Pugguhalasu
- Malayalam : Annili, Ayini, Ayani, Ayaniplavu, Annali

Pat-phanas,

- Sanskrit : Iravatam, Dahu, Lakucah
 - Marathi Ranphanas
- Tulu : Katupanasa,

Paja



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Hindi : Vadahar Order : Rosales
 Telugu : Pejuta Family : Moraceae
 Scientific classification of Artocarpushirsutus
 Lam⁽⁵⁾ : Genus : Artocarpush

Kingdom : Plantae Species : hirsutus
Division : Angiosperms Species authority : Lam

Phylum : Eudicots
Class : Rosids

Table no. 1: Botanical description of Artocarpus hirsutus Lam $^{(3,4,6)}$

TT-12-4 A12-1-1200 A 1 C-11 1500	
Habitat	Altitude- 1300 m, Annual rainfall - 1500 mm
TT 1 14	Grown in moist evergreen forest and plains
Habit	Large evergreen deciduous tree
Height	45-70 m
Girth	4.5 m deeper into the soil
Life span	Perennial- 25 – 40 years
Flowering season	December to January
Fruiting season	May and June
Flowering class	Dicot
Wood	Sapwood - white, 10-15 cm thick
	Heartwood - bright or golden yellow
Bark	Size- 1-1.5 cm thick, Colour- brownish grey
	Texture- smooth when young and later lenticellate
Bark latex	Colour- milky white, Nature- thick, sticky
Branchlets	Robust, horizontally drooping, hairy
Leaves	Simple, alternate, spiral, clustered at twigs end, egg shaped or elliptic, 12-25 x 7-15 cm, sub – acute-apex, margin-entire and wavy, lateral nerves-7-11 pairs, hairy
Petiole	Size-3 cm long, stout, Shape- planoconvex
Lamina	Size- 10-30.5 x 5-14 cm, Shape- ovate to elliptic
Stipules	Stipules-2.5 cm long, lanceolate, with scattered hairs
Flowers	Separate male and female flowers, minute, Colour- greenish yellow and separately seen in different heads of same plant in the leaf axils. Male heads- Shape- cylindrical, Size - 15 x 1cm, Female heads- Shape- ovoid, Size- 3 x 1.5 cm
Fruits	Syncarpous, covered with numerous spines like projections. Colour- yellow to orange when ripe Shape- globose to ovoid, Size- 10-15 x 8-12 cm

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Seeds

Shape- ovoid, Colour- white, Size- 1.3-2cm long





Bark

Stipule





Whitelatex

Leaves and fruits





Upper side of leaf

Leaf margin







Seeds Fruits

Male flower

Tender leaves

CHEMICAL CONSTITUENTS

Flavonoids, terpenes, coumarin, saponin glycosides were isolated from tender leaves. Flavonoids,

tannins, sterols, saponins & carbohydrates were found from leaves. $^{(7,8,9,10)}$



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Proteins, triterpenoids, alkaloids, flavonoids, lactones, tannins, saponins and carbohydrates were isolated from the stem bark and wood. (11) Alkaloids, flavonoids and carbohydrates were isolated from fruits. (9,12,13)

Artocarpin, cycloartocarpin, cudraflavone A are found to be the main chemical constituents of this tree. (14,15)

Cudraflavone A Cycloartocarpin Artocarpin

ETHNOBOTANICAL STATUS

Sam P Mathew et al. (2006) reported the bio-cultural diversity of endemic 'wild jack tree', Artocarpus hirsutus Lam on the Malabar coast of South India. This article discusses various aspects and medicinal claims of this tree. Ash of the plant bark mixed with coconut oil is used for Dhobi's itch' and ring worm infections. Bark paste in coconut oil is used externally for snake bite and paste of bark with palm sugar is applied for animal bone fractures. Dried leaves are used for Joint pain and rigidity. Leaves crushed with turmeric can treat Chronic haemorrhage. Dry leaves are used for the treatment of swelling of testicles originating from contusion. Seeds roasted with crushed onion fried in yogurt and inserted rectally to treat constipation. Seed oil is an appetite stimulant. (2)

V P Silja et al.(2008) conducted an ethnomedicinal survey on plant knowledge of Mullu Kuruma tribe of Wayanad in Kerala and revealed the use of 136 plant species for medicinal purposes. Theyreported that the bark of Artocarpus hirsutus Lam were applied to cure small pimples and cracks on the skin. (16)

Shyma T B and G Devi Prasad (2012) studied the traditional uses of medicinal plants among the tribes in Mananthavady of Wayanad district in Kerala. The five major tribes Kurichia, Kuruma, Adiyan, Kattunaik, Paniya, residing at Thirunelly, Kartikkulam, Thalappuzha, Mangalassery forest etc. are usingplants for the treatment of various health problems. About 295 medicinal plant species belonging to 93 families have been recorded. They reported that ash of leaves of Artocarpus hirsutus

Lam was taken internally to treat abdominal problems. $^{(17)}$

R Latha and Agastian (2015) reported that the latex and seed of Artocarpus hirsutus Lam were used for asthma and as appetizer respectively after their investigation about ethnobotanicals used by the primitive tribes in the Eastern Ghats of India. (18)

Deepa M R et al.(2016) conducted a ethnobotanical survey on floristic diversities and medicinal importance of selected sacred groves in Thrissur district, Kerala. About 119 species coming under51 families were reported. They reported that fruits, leaves, bark of Artocarpus hirsutus Lam were used for anorexia, small pimples, cracks on the skin and sores. (19)

PHARMACOLOGICAL ACTIVITIES Anti- oxidant activity

Vinay Suvarna et al. (2013) reported the antioxidant potential of methanolic fruit extract of Artocarpus hirsutus Lam by DPPH radical scavenging activity. The reducing power of the extract was found out using ascorbic acid as a standard reducing agent. Antioxidant effect of the extract was increased with increasing concentration of crude extract. (20)

Sireesha K et al. (2016) evaluated thein-vivo antioxidant effect of ethyl acetate seed extract of Artocarpus hirsutus Lam. Anti-oxidant effect was studied by measuring the levels of liver enzymes like superoxide dismutase (SOD), lipid peroxidation, and CAT (catalase)etc. The results



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suggested that A. hirsutus seed extract showed a potential antioxidant effect. (21)

Nayak M et al. (2017) evaluated in-vitro antioxidant potential of ethanolic extract of leaf, wood and bark of Artocarpus hirsutusby DPPH method and oxygen radical absorbance capacity. It was observed that antioxidant activity was higher in wood extract compared to the other extracts. Activity guided fractionation of wood extract yielded oxyresveratrol that was characterized by NMR spectra and LCMS analysis. Isolated pure oxyresveratrol exhibited a significant antioxidant potential. (22)

Rajeswari et al. (2019) conductedantioxidant study of ethanolic leaf extract of Artocarpus hirsutusLam. Antioxidant activity was performed using the liver homogenate of the animal by determination of Anti-oxidant enzymes like superoxide dismutase, catalase, peroxidase, glutathione peroxidase, glutathione reductase, reduced glutathione. The findings indicate that the ethanolic extract of A. hirsutus leaves have significant anti-oxidant activity. (10)

Antiulcer activity

Dibinlal et al. (2013) reported the antiulcer activity of the ethanolic bark extract of Artocarpus hirsutus Lam that is, the extract effectively reduces gastric secretory volume, acidity and gastric ulceration of pylorus ligated rats. (23)

Diuretic activity

A K Azeem et al. (2013) investigated and reported the diuretic activity of the aqueous fruit extract of the Artocarpus hirsutus Lam by modified Lipchitz method. The parameters studied were volume of urine, concentration of excreted ions of sodium and potassium, ratio of sodium ions to potassium ions excreted using furosemide as the reference standard. (24)

Hepatoprotective activity

Patel J et al. (2016) reported the significant hepatoprotective activity of methanolic leaf extract of Artocarpus hirsutus Lam due to the presence of flavanoids and tannins. Liver damage was induced by carbon tetra chloride and herbal extract is given. Standard drug used is silymarin. The degree of protection was determined by measuring the level of biochemical markers like alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase, bilirubin, total bilirubin and Cholesterol. The histopathology study also showed the hepatic protection of extracts. (8)

Anti-diabetic activity

Sireesha K et al. (2016) evaluated the antihyperglycemic activity of ethyl acetate seed extract of Artocarpus hirsutus Lam in both normal and Streptozocin-induced diabetic male wistar rats. Metformin was used as a standard. Blood glucose levels were estimated by the glucose oxidase method, and insulin levels were measured by chemiluminescence assay. The results suggested that A. hirsutus seed extract have potential antidiabetic activity so can be used for the treatment of diabetes mellitus. (21)

Rajeswari et al. (2019) conducted antidiabetic activityof ethanolic leaf extract of Artocarpus hirsutus Lam. The conclusions of the study are, protective action and regeneration of beta cells in pancreas by A. hirsutus extract against Streptozocin induced diabetes in rats using glibenglamide as standard and this may be due to the presence of constituents such as alkaloids, flavonoids, saponins and terpenoids. (10)

Anti-microbial activity

Jim Thomas et al. (2016) studied the phytochemical constituents and antimicrobial efficacy of the aqueous bark extract of A. hirsutus. This study concluded that the aqueous bark extract of Artocarpus hirsutus Lam is a suitable antimicrobial agent against E. coli,Pseudomonas and Bacillus sp. even at low concentrations. (11)

Shanmugapriya K et al. (2017) evaluated the antimicrobial activity of acetone and ethanolic extract of Artocarpus hirsutus Lam fruits and leaves. The study reported the presence of alkaloids, flavonoids, glycosides, terpenoids, tannins, phenols, and saponins. Antimicrobial activity of fruit and leaf extract of were tested against fungal and bacterial strains and acetone extract of both leaf and fruit showed good antibacterial activity. (9)

Lakshmi Pethamkamsetty et al. (2013) performed the phytochemical and biological examination of root extract of Artocarpus hirsutus Lam and showed the presence of isoprenylated flavonoids and then screened its antibacterial and antifungal activities. The results showed that Artocarpus hirsutus Lam have considerable activity against selected bacterial and fungal strains which can be attributed to the presence of steroidal and phenolic compounds in the tree. (25)

Vinay Suvarna et al. (2014) evaluated the antimicrobial activity of methanolic and petroleum ether extract of fruits of Artocarpus hirsutus Lam. This study revealed that methanolic extract of A. hirsutus Lam have effective antimicrobial activity against S. aureus and Klebsiella pneumoniae than



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petroleum ether extract, compared with standard drug tetracycline. $^{(12)}$

Anti-acne activity

Navak M et al. (2017) evaluated the anti-acne potential of the ethanolic stem wood, stem bark and leaf extract of Artocarpus hirsutus Lam, some chemical components such as cudraflavone A, cycloartocarpin, artocarpin isolated from the extracts, acetate and prenyl derivatives synthesised from the isolated flavonoids and a cream formulated using the artocarpin in three different concentrationsagainst Propionibacterium acnes. Isolated compounds, cudraflavone cycloartocarpin and artocarpin showed significant in-vitro anti-acne activity than its derivatives which is comparable with commercially available antiacne agent tea tree oil and standard antibiotic, Clindamycin. (14)

Nayak M et al. (2017) isolated pyranocycloartobiloxanthone A and artonine E from the ethanolic stem bark extract of Artocarpus hirsutus Lam. In-vitro antiacne activity of two isolated compounds were done by agar well diffusion method using clindamycin as standard (26)

Skin-brightening activity

Nayak M et al. (2017) evaluated skin-brightening activityofethanolic extract of leaf, wood and bark of Artocarpus hirsutus Lam bytyrosinase inhibition, melanogenesis inhibition using murine melanoma cells. Activity guided fractionation of wood extract yielded oxyresveratrol. Isolated pure oxyresveratrol exhibited a significant tyrosinase inhibition, melanogenesis inhibition. (22)

Anti-inflammatory activity

Nayak M et al. (2017) evaluated the antiinflammatory activity of ethanolic extract of leaf, wood and bark of Artocarpus hirsutusLam. Results shows that isolated pure oxyresveratrol exhibited significant inhibition of lipopolysaccharide induced TNF- α secretion. ⁽²²⁾

Anupriya Thomas et al. (2017) proved the invivo anti-inflammatory activity of the ethanolic extract of tender leaves of Artocarpus hirsutus Lam on a croton oil induced ear edema in Sprague-Dawley male rat using dexamethasone as standard and they concluded that this activity may be due to the presence of flavanoids, saponin and coumarin glycosides, and terpenoids. Percentage inhibition of inflammation increases with increase in extract concentration. (27)

Anti -arthritic activity

Anupriya Thomas et al. (2017) reported the invitro antiarthritic potential of ethanolic extract of tender leaves of Artocarpus hirsutus Lam by

inhibition of protein denaturation method using diclofenac sodium as standard and bovine albuminserumas protein. From the results, they concluded that tender leaves of A. hirsutus possesses significant antiarthritic activity and this may be due to the presence of flavanoids, saponins, and terpenoids present in the leaf. ⁽²⁸⁾

CONCLUSION

Artocarpus hirsutus Lamis a commonly used tree by folk people for agricultural, food, health care uses and timber purpose. Ethnobotanical studies show that various parts of this tree are useful for pain, snake bite, swelling, venereal bubones, hydrocele, chronic haemorrhage, pimples and cracks of the skin, joint pain and rigidity, asthma, ringworm infections, wound healing, fractures, abdominal problems like ulcers, diarrohea etc. Artocarpin, cycloartocarpin, cudra flavone A, and some other flavonoids are found to be the main chemical constituents of this tree. Tannins. alkaloids. saponins, terpenoids, carbohydrates are also present. The reported pharmacological activities are antioxidant (fruit, leaf, seed), hepato protective (leaf), anti-ulcer (bark), anti-diabetic (seed), diuretic (fruit), antimicrobial (stem wood, bark, root, fruit, leaf), antiacne and skin brightening (leaf, stem), antiinflammatory (leaf, stem, wood), arthritic(tender leaves) etc. Still many of potentials of the tree towards a number of diseases are unexplored.

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